



Game Intelligence

Duration: 45 min | **Focus:** Training to read the game and make good decisions |

Level: Medium

Key Focus Area

Improve decision-making in various situations

Training Plan

Scanning Challenge

Duration: approx. 10–15 min

Before receiving, call out a number or player shown behind you. Enhances awareness.

Timed Passing Options

Duration: approx. 10–15 min

Receive the ball and choose among 3 timed options. Work on quick recognition.

Game Map Drill

Duration: approx. 10–15 min

Stop play every 20s and ask player to describe positions. Builds spatial understanding.

Pressure Choice Drill

Duration: approx. 10–15 min

Play 2v2+1 with limited time to choose pass or dribble. Forces fast thinking.

Recovery and Rebuild

Duration: approx. 10–15 min

Lose the ball and transition instantly into recovery shape or counter. Train reactions and positioning.